

# Your emergency supplies checklist.

Review the list below to see what you already have and what your family will need in preparation for a storm. Then, take this list with you when you shop so you don't forget anything you need. Items with an asterick should be available at your local grocery store. You may need to visit a hardware, pharmacy, or superstore for some of the others.

## Baby Care

- Baby bottles and pacifiers\*
- Baby diapers and wipes\*
- Baby food and formula\*
- Blanket and toys

## Cleaning Supplies

- Bleach (without lemon or any additives)\*
- Bucket, laundry detergent, mops, sponges, and rags\*
- Garbage bags/ties\*
- Paper towels\*
- Sealable bucket
- Squeegees with long handles

## Clothing/Bedding

- Bedding, for comfort on the road
- Extra clothing
- Hat and jackets
- Rain gear
- Sturdy shoes

## Communication

- Air horn
- Batteries for radio/TV\*
- Batteries for weather alert radio\*
- Battery-operated radio/TV
- Car charger\*
- Cell phone
- Cell phone battery (extra)
- Cell phone charger
- Landline phone with a long cord
- Distress flag
- Rabbit ears/TV antenna
- Spray paint
- Tablet or laptop and charger
- Weather alert radio\*
- Whistle

## Cooking Supplies

- Aluminum foil, plastic wrap, and large freezer bags\*
- Charcoal and lighter fluid\*
- Disposable cups, plates, and utensils\*
- Portable grill\*

## Documents and Keys

- Cash and coins
- Credit cards
- House and car keys (extra)
- Insurance papers
- Personal identification

## Equipment and Tools

- Alarm clock\*
- Artificial ice blocks\*
- Batteries for alarm clock\*
- Batteries for drill
- Batteries for smoke detectors\*
- Battery-operated drill with bits
- Cat Litter
- Chainsaw, handsaw, pry bar, ax, and shovel
- Compass
- Digital camera
- Duct tape\*
- Entertainment items: cards, games, books, and toys for kids\*
- Extension and heavy-duty 3-pronged cords
- Fire extinguisher (small canister, ABC-type)
- Food storage containers\*
- Gas and gas can
- Generator
- Ice chest/ice\*

- Liquid detergent\*
- Manual can opener\*
- Paper, pen, and pencils\*
- Pest control\*
- Portable air conditioner
- Propane tank, full\*
- Refrigerator thermometer\*
- Rope
- Scissors\*
- Small cooking stove and canned heat (outdoor use only)
- Smoke detectors for each floor
- Tarps and 2x4 lumber
- Tools (wrench, hammer, nails, and pliers)
- Utility knife\*
- Water purification tablets in plastic bag
- Water storage containers
- Work gloves\*

## First Aid

- First aid essentials kit (for home and auto)\*  
If you have most of the supplies listed below, it may be easier for you to put together your own first aid kit.
- Alcohol cleansing pads\*
- Antibacterial ointment\*
- Antiseptic cleansing wipes\*
- Aspirin and nonaspirin pain relievers\*
- Burn relief pack
- Butterfly wound closures
- Cotton-tipped applicator\*
- Elbow and knee plastic bandages\*
- Emergency blanket
- Fabric bandages\*
- Finger splint\*
- Fingertip fabric bandage\*
- First aid tape\*
- Gauze and dressing pads, various sizes\*
- Ibuprofen\*
- Instant cold compress\*
- Itch-relief cream\*
- Knuckle fabric bandage\*
- Latex-free exam quality vinyl gloves\*
- Patch bandages\*
- Plastic bandages\*
- Spot adhesive bandages\*
- Sterile eye pad
- Thermometer\*
- Trauma pad
- Tweezers\*

## Lighting

- Batteries for flashlight\*
- Batteries for lantern\*
- Battery-powered lantern\*
- Candles (if no children or pets in the home)\*
- Flashlight\*
- Lamp and lamp oil
- Utility lighter\*
- Waterproof matches, or matches in a waterproof container

## Medications

- Antacid\*
- Anti-diarrhea medication\*
- Inhalers
- Insulin
- Medical support equipment (wheelchairs, extra battery if motorized, walkers, canes, dressings, oxygen and tubes, feeding equipment)
- Prescription drugs and copy of prescriptions
- Vitamins\*

## Personal Hygiene

- Alcohol-based hand sanitizer\*
- Antibacterial soap\*
- Batteries for hearing aid (extra)\*
- Body wipes\*
- Contact lens solution\*
- Contact lenses (extra)
- CPR breathing barrier
- Denture supplies\*
- Deodorant\*
- Disinfectant spray\*
- Disposable razor and shaving cream\*
- Disposable washcloths and towels
- Eye drops\*
- Eyeglasses (extra)
- Hearing aid (extra)
- Incontinence supplies\*
- Insect repellent\*
- Lip balm\*
- Menstrual products\*
- Mirror\*
- Moist towelettes\*
- Plastic sheet to line bathtub or large container
- Safety pins\*
- Sewing kit\*
- Sunglasses\*
- Toilet paper\*
- Toothbrush, toothpaste, or toothbrushing pads\*

## Pet Care

- Blanket
- Bottled water (1 gallon per pet/per day)\*
- Cage or pet carrier with bedding (label for identification)\*
- Cat litter and box\*
- Grooming supplies\*
- Leash, harness, collar, and tag\*
- Medications
- Muzzle
- Pet dishes\*
- Pet food\*
- Trash bags (small)\*
- Toys\*
- Vaccination records

## Transportation

- Batteries for flashlight\*
- Engine oil (extra)\*
- Flares
- Flashlight\*
- Full tank of gas
- Jumper cables, tire pump, and jack
- State/regional paper road maps
- Tire patch kit
- Toolkit (screwdriver, pliers, etc.)

personally  
delivered