

# Preparing for the storm.

Review the list below to see what you already have and what your family will need in preparation for the storm. Then, take this list with you when you shop to make sure you don't forget anything.

- Bottled water (1 gallon per person per day and 1 gallon per pet per day)
- Powdered or individually packaged drinks
- Crackers, cereals, cookies, snacks
- Canned meats, fruits, vegetables, soups, puddings
- Special dietary foods
- Peanut butter and jelly
- Powdered or shelf-pack milk
- Dried fruit
- Instant coffee and tea
- Sugar, powdered creamer, salt and pepper
- Pet food
- Baby food and formula

